



# Central Heights Elementary School

## Home of the Cougars

"Nurturing Knowledge Now and Forever"

January 2012

Bob Barone  
Principal

120 Lexington Drive  
Billings, MT 59102  
(406) 281-6209

# Calendar of Events

January 2nd	Classes resume
January 9–20th	P.T.A. Boxtop contest campaign
January 13th	End of quarter
January 16th	No school (P.I.R. day)
January 19th	Report cards go home
January 24th	"BUG assembly" at 2:20 pm for grades 4–6

A HAPPY  
NEW YEAR

# PTA Updates

## Box Tops Contest

January 9 – 20, 2012

Please send in your Box Tops. One class, from both the primary grades (K-3rd, life skills, and preschool\_ and the intermediate grades, (4th – 6th), with the most box tips, will win a class party. Our school earns money for each box top we send in. Thanks for your support.

## Food Drive

Thank you!!

Our annual food drive was once again a huge success. Donations were generous as well as cash donations.

## "Hats for Hams"

Our "Hats for Hams" netted \$253 which enhanced our food drive efforts.

Thank you!!

## Barnes and Noble Gift Drawing Winners

\$5.00 gift cards

Tamber Thomas—Mrs. Reinhardt's class  
 Landon Herron—Mrs. Reinhardt's class  
 Kale Hereim—Mrs. Goyette's class  
 Derrick Brooks—Mrs. Richmond class  
 Nick Johnson—Mrs. Wilbert's class  
 Tenli Morgan—Mrs. Woods' class  
 Reese Bartholomew—Mrs. Woods' class  
 Aaron Brooks—Ms. Twichel's class  
 Dustin Gray—Mr. Herron's class  
 Genesis Copps—Mr. Herron's class

### Nook

Jenny Schneider

### Think Fun Games

Paige Braunbeck—Mr. Herron's class  
 Marcos Mejia—Mrs. O'Neil's class  
 Jace Hereim—Mr. Herron's class  
 Mason Cornwall—Mrs. Wood's class  
 Matthew Anderson—Mrs. Whitney's class

# School District #2

## GUIDELINES FOR SICK CHILDREN

**S**ometimes it is difficult to tell if your child is not well enough to come to school. If your child is not able to participate in usual classroom activities (including going outside) he/she should not come to school.

We do not have the facilities or the staff to care for sick children at school. In addition, healthy children are better able to learn and participate in the activities we provide, thus keeping your child home when he/she is ill will be of benefit to him/her as well to the other children and the staff.

**Please keep your children at home if they have any of the following symptoms:**

**Fevers of 100 degrees or greater.**

Children should be kept home or will be sent home until the next day after running a fever. Give only Tylenol (acetaminophen).

**Vomiting and diarrhea.** Children should be without vomiting and diarrhea for 24 hours before they return to school. Vomiting includes two or more episodes in the previous 24 hours.

**Bacterial infections.** Children with bacterial infections should be treated with antibiotics for 24 hours before they return to school and should be free of symptoms (sore throat, rash, fever, etc.). Bacterial infections include the following:

- \* Strep throat
- \* Other skin infections
- \* Pinkeye
- \* Scarlet fever

**Generalized rashes.** These are rashes covering multiple parts of the body or involve more than one member of the family. Rashes are difficult to identify. Children with rashes may need to be checked by their physician before returning to school.

**Chickenpox.** Children with chickenpox should stay home until their sores dry up (usually seven days following outbreak of the rash). Give only Tylenol (acetaminophen) to relieve fever.

**Head lice or scabies.** Children with head lice or scabies must be treated with an appropriate product before they can return to school. Please let the school know of the problem.

**Symptoms of serious illness.** Examples would include uncontrolled coughing, breathing difficulty or wheezing, sniff neck, irritability, poor food or fluid intake, or a seizure. Children with these symptoms should receive an evaluation from a health provider.

**Thick green or yellow nasal discharge.** If the discharge is persisting longer than three days and is accompanied by any of the following symptoms: fever, persistent cough, eye drainage, or ear pain, the child should stay home.

**KEEP THE SCHOOL INFORMED!** For your child's safety, remember to provide us with current alternate/emergency contact numbers in addition to the home phone.

**PLEASE CALL THE OFFICE IF YOUR CHILD WILL BE ABSENT!**

**281-6209**

## What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, take—and encourage your child to take—everyday steps that can help prevent the spread of germs.

This includes:

- \* Cover coughs and sneezes with a tissue. Throw the tissue in the trash after you use it.
- \* Stay away from people who are sick
- \* Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- \* Avoid touching your eyes, nose and mouth. Germs spread this way.
- \* If someone in the household is sick, try to keep the sick person in a separate room from others in the household, if possible
- \* Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.
- \* Throw tissues and other disposable items used by sick persons in your household in the trash.

## Congratulations!!!!

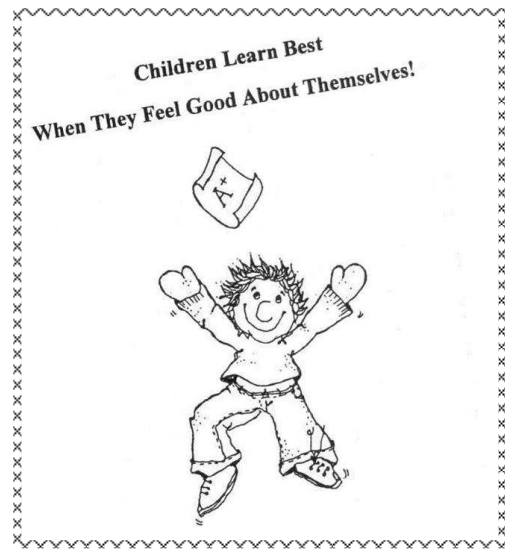
### Purple Hands Pledge

Grand Prize Winners

for the month of November are:

Landon Herron

Regan Clark



## Impact of Tardiness

If a student is late 10 minutes each day of school, he misses 1,800 minutes of instructional time. That's 30 hours of lost learning.

There is no question that missing 30 hours of instruction impacts a student's academic performance. A Minneapolis study found that students who were in classes 95 percent of the time were twice as likely to pass state language arts tests as students with attendance rates of 85 percent.



"Childhood Should Be  
A Journey . . . Not A Race"

# *What Every Child Needs*

## *Fun* ♥

*Laugh, play, and share the wonders of the world.*

## ♥ *Affection*

*Nurture and let the child know he/she is loved.*

## *Acceptance* ♥

*Appreciate the child's unique gifts, talents, and personality.*

## ♥ *Respect*

*Let the child know that he/she is valued and important.*

## *Praise* ♥

*Notice and remark on many more positives than negatives.*

## ♥ *Security*

*Set boundaries that allow the child to grow safely.*

## *Honesty* ♥

*Share feelings and admit mistakes; let the child know that you've learned.*

## ♥ *Patience*

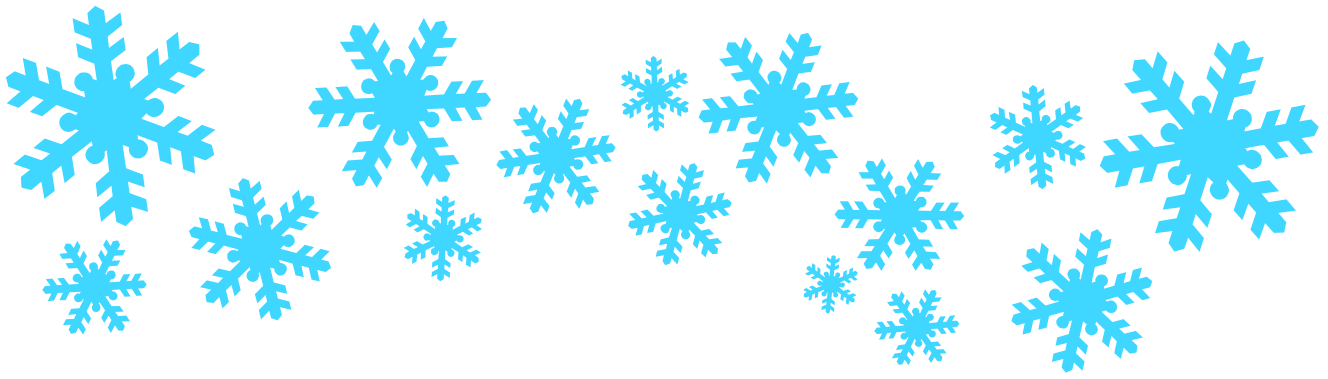
*Be understanding when the child makes mistakes; remembering that he/she is trying to please.*

## *Encouragement* ♥

*Be supportive and accepting as the child explores and learns new things.*

## ♥ *Openness*

*Listen carefully, with full attention, to what the child has to share.*



## **WHAT YOU SEE IS WHAT YOU GET.....**

.....And what you look for is what you see. The next time you look at a child, try to discover some of these personality traits and social skills.

### Personality Traits

Creativity  
Initiative  
Follows Through  
Sensitivity  
Patience  
Easy Going  
Gentle  
Faithful  
Determined  
Neat  
Generous  
Optimistic

### Social Skills

Friendly  
Courteous  
Fair  
Good Listener  
Peacemaking  
Takes Turns  
Team Player  
Good-Natured  
Understanding  
Fun  
Helpful  
Encouraging

